

## BENEFITS OF INPATIENT TREATMENT

**DAILY ASSESSMENT** of influences of medication upon condition and function.

**AVAILABILITY** of a variety of aids, assistive devices and equipment to demonstrate abilities.

**PROVIDES** family and caregiver with relief and new perspectives on patient management.

**24-HOUR MONITORING** of endurance, activity and behavior pattern by skilled personnel.

**PATIENT RECEIVES** at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

**FULL INTERDISCIPLINARY MEETINGS** weekly to discuss specifics of treatment, progress and plans for each patient.

**SKILLED, EXPERIENCED PERSONNEL** to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

**PROVIDES TRAINING** for caregivers and families to assist the patient.

**ASSISTANCE IN PLACEMENT** and/or upgrading home function.

## DISCHARGE OUTCOMES

Our records show 81% of our patients are discharged to their home or to a community setting.

## ADDITIONAL SUPPORT

Family accommodations are available under special arrangements with local hotels. Meals are also available for family members who live out of town.

## THE MISSION OF CONFLUENCE HEALTH

We are dedicated to improving our patients' health by providing safe, high-quality care in a compassionate and cost-effective manner.

## OUR ORGANIZATION

is also committed to assisting in the development of one of the nation's best rural health care delivery systems.

## CONFLUENCE HEALTH REHABILITATION CENTER

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.



For further program information or for a tour, please contact our:

Rehab Admissions Coordinator at:

509.881.0509

You may fax referrals to:

509.664.4804

# 2019

Confluence Health

Wenatchee Valley  
Hospital & Clinics

Rehabilitation  
Center

ANNUAL  
REPORT



Wenatchee Valley Hospital & Clinics  
820 N. Chelan Ave.  
Wenatchee, WA 98801  
509.663.8711

**THE REHABILITATION CENTER** was established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014 the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

## REHABILITATION SERVICES

**MEDICAL AND REHABILITATION CARE** is provided under the direction of a Physiatrist, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care.

### GENERAL REHABILITATION GOALS

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

## INTERDISCIPLINARY TEAM

**AN INTERDISCIPLINARY TEAM** works in conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

Physiatry	Dietitian
Physical Therapy	Pharmacist
Occupational Therapy	Social Services
Speech Therapy	Psychologist
Recreational Therapy	Other services
Rehabilitation Nursing	<i>(as needed to achieve optimum outcomes.)</i>

*Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.*

## PATIENT COMMENTS

“All the nurses, nurses aides, therapy people were wonderful!”

“They all made my unexpected stay tolerable and recovery understandable.”

“Great team effort! Thoughtful, caring staff. Enabled me to transition from 17 days inpatient to home. Good communication throughout stay. Thanks, we are grateful that you were there for us.”

“The acute care was wonderful! Rehab help so much, great place, you should be proud! Rehab was the best, they help me learn so much about how I could still take care of myself and enjoy life. Love them all!!”

## TYPES OF PATIENTS SERVED IN 2019

<b>75</b>	Stroke Patients
<b>6</b>	Neurological Condition Patients
<b>19</b>	Brain Injury Patients
<b>1</b>	Orthopedic Condition Patients
<b>13</b>	Spinal Cord Injury Patients
<b>8</b>	Amputation Patients
<b>1</b>	Cardiac Patients
<b>3</b>	Multiple Trauma Patient
<b>7</b>	Debility
<b>10</b>	Other

**16%** Unplanned Patient Transfer Rate *(regional rate 10.98)*

**138** PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2019.

## 2019 TOTALS

	STROKE	NEUROLOGICAL	BRAIN INJURY	SPINAL CORD INJURY
No. Admitted	<b>75</b>	<b>6</b>	<b>19</b>	<b>13</b>
Average Age	<b>70</b>	<b>65</b>	<b>60</b>	<b>68</b>
Sex (M/F)	<b>52/48%</b>	<b>17/83%</b>	<b>76/24%</b>	<b>67/33%</b>
Phys. Therapy <i>(hrs/day)</i>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>
Occ. Therapy <i>(hrs/day)</i>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>
Speech Therapy <i>(hrs/day)</i>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>	<b>1.5</b>
Days stayed	<b>13</b>	<b>8</b>	<b>11</b>	<b>27</b>