



Wenatchee Valley Hospital & Clinics
820 N. Chelan Ave.
Wenatchee, WA 98801
509-663-8711
1-800-726-8808
Fax 509-664-3438

Wenatchee Valley Hospital

820 N. Chelan Avenue

Please use entrance near Walk-In Clinic

Take elevator to 4th floor

Moses Lake Clinic

840 Hill Avenue

Omak Clinic

916 Koala Drive

INSTRUCTIONS FOR PATIENTS BEFORE ENDOSCOPY

1) Appointment Date: _____ Check-In time: _____

with Dr. _____

2) If you do not have a driver or/and companion, your procedure may be rescheduled. You will be sedated and unable to drive for the rest of the day. Plan on being at the clinic for about 1 1/2 to 2 hours.

- You **MUST** have a responsible adult escort with you when you leave our unit. For legal and regulatory reasons, if you arrive at our unit without an escort, your procedure will be cancelled. After the procedure, your escort may drive you home, or you may take a taxi or bus with your escort. You may NOT take a taxi or bus home alone, and you may NOT walk home alone.

3) If you are scheduled for the upper endoscopy early in the morning, please come to the Clinic in a fasting state. Do not eat or drink anything after midnight. You may take your regular medicines with a small amount of water, up until 2 hours before the procedure time. Please let your doctor know if you are taking insulin or coumadin.

4) If you're scheduled for the upper endoscopy in the afternoon, you are allowed a very small breakfast prior to _____ a.m. You are allowed clear liquids up until 2 hours before your procedure. (Clear liquids include jello, broth, soda pop, clear juices such as apple, and tea or coffee without cream, milk or non-dairy creamer).

Please call me if you have any questions regarding your instructions.

Paul J. Ballinger, M.D.

Mitchell Cohen, M.D.

Jonathan Dominguez, M.D.

Inku Hwang, M.D.

J. Jorgensen, M.D.

Jason M. Lake, M.D.

Jennifer Newton, M.D.

Alan C. Smith, M.D.