

BENEFITS OF INPATIENT TREATMENT

DAILY ASSESSMENT of influences of medication upon condition and function.

AVAILABILITY of a variety of aids, assistive devices and equipment to demonstrate abilities.

PROVIDES family and caregiver with relief and new perspectives on patient management.

24-HOUR MONITORING of endurance, activity and behavior pattern by skilled personnel.

PATIENT RECEIVES at least 15 hours of therapies weekly in addition to nursing therapy (bowel and bladder training, skin management, medication management, and diet management).

FULL INTERDISCIPLINARY MEETINGS weekly to discuss specifics of treatment, progress and plans for each patient.

SKILLED, EXPERIENCED PERSONNEL to assist with problem solving in a controlled teaching environment. These unresolved problems are often causes of failed home placement.

PROVIDES TRAINING for caregivers and families to assist the patient.

ASSISTANCE IN PLACEMENT and/or upgrading home function.

DISCHARGE OUTCOMES

Our records show 79% of our patients are discharged to their home or to a community setting.

ADDITIONAL SUPPORT

Family accommodations are available under special arrangements with local hotels. Meals are also available for family members who live out of town.

THE MISSION OF CONFLUENCE HEALTH

We are dedicated to improving our patients' health by providing safe, high-quality care in a compassionate and cost-effective manner.

OUR ORGANIZATION

is also committed to assisting in the development of one of the nation's best rural health care delivery systems.

CONFLUENCE HEALTH REHABILITATION CENTER

is proud to offer comprehensive medical rehabilitation services to the urban and rural communities of the Northwest.



For further program information
or for a tour, please contact our:

Rehab Admissions Coordinator at:

509.881.0509

You may fax referrals to:

509.664.4804

2018

Confluence Health

Wenatchee Valley
Hospital & Clinics

Rehabilitation
Center

ANNUAL
REPORT



Wenatchee Valley Hospital & Clinics
820 N. Chelan Ave.
Wenatchee, WA 98801
509.663.8711

THE REHABILITATION CENTER was established in Wenatchee in 1998 and the unit is licensed for 9 beds. In 2002, the Rehab Center was accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and has been recertified every 3 years thereafter. In 2014 the Rehabilitation Center became Stroke certified and is also a Trauma Level II Rehabilitation facility.

Other services of Confluence Health support the Rehabilitation Center. These services include the Walk-In Clinic, Medical/Surgical Unit, Surgery Center, X-ray, Laboratory, and Physician Specialty Clinic. Physical Therapy, Occupational Therapy and Speech Pathology all provide outpatient services in addition to inpatient services.

REHABILITATION SERVICES

MEDICAL AND REHABILITATION CARE is provided under the direction of a **Physiatrist**, which is a physician specializing in Physical Medicine and Rehabilitation. Certified Rehabilitation Registered Nurses provide on-going daily care.

GENERAL REHABILITATION GOALS

- 1 Improve walking skills and transfers
- 2 Increase dressing and bathing independence
- 3 Improve bladder and bowel control
- 4 Increase problem-solving skills
- 5 Improve eating/swallowing function
- 6 Provide family/caregiver training

INTERDISCIPLINARY TEAM

AN INTERDISCIPLINARY TEAM works in conjunction with the person served and their family to develop patient-centered care management programs. A highly trained team of health care professionals consisting of:

| | |
|------------------------|---|
| Physiatry | Dietitian |
| Physical Therapy | Pharmacist |
| Occupational Therapy | Social Services |
| Speech Therapy | Psychologist |
| Recreational Therapy | Other services |
| Rehabilitation Nursing | <i>(as needed to achieve optimum outcomes.)</i> |

Persons with medical and/or physical impairments which limit their ability to function at home or in the community, at school, work, or play will benefit from participation in this specialized program.

PATIENT COMMENTS

“My wife has received exceptional care here. Her nurses have been attentive, kind, and caring. Her condition has actually improved under their care. Thanks to all!”

“All staff made me feel like I was part of the family here. It was really great.”

TYPES OF PATIENTS SERVED IN 2017

- 89** Stroke Patients
- 9** Neurological Condition Patients
- 30** Brain Injury Patients
- 6** Orthopedic Condition Patients
- 14** Spinal Cord Injury Patients
- 7** Amputation Patients
- 2** Cardiac Patients
- 2** Multiple Trauma Patient
- 10** Other

13% Unplanned Patient Transfer Rate *(regional rate 6.4%)*

169 PATIENTS WERE ADMITTED TO OUR FACILITY DURING 2018.

2018 TOTALS

| | STROKE | NEUROLOGICAL | BRAIN INJURY | SPINAL CORD INJURY |
|---------------------------------|---------------|--------------|---------------|--------------------|
| No. Admitted | 89 | 9 | 30 | 14 |
| Average Age | 69 | 68 | 62 | 56 |
| Sex (M/F) | 62/27% | 5/4% | 16/14% | 8/6% |
| Phys. Therapy <i>(hrs/day)</i> | 1.5 | 1.5 | 1.5 | 1.5 |
| Occ. Therapy <i>(hrs/day)</i> | 1.5 | 1.5 | 1.5 | 1.5 |
| Speech Therapy <i>(hrs/day)</i> | 1.5 | 1.5 | 1.5 | 1.5 |
| Days stayed | 12 | 6 | 11 | 13 |