## Who would speak for you if you couldn't speak for yourself?



Bring your potential Healthcare Agent and we will guide you through the process.

## Advance Care Planning Free Workshop

Offered every 3rd Tuesday of the month from 12-1pm

1000 A-N. Miller Street Conference Center Wenatchee, WA 98801

Who should I choose as my Healthcare Agent? Advance Care Planning is a process that helps you:

- Think about your values and wishes
- Consider who would speak for you if you had an accident or sudden illness and could not speak for yourself.
- Consider future healthcare decisions
- Make a written plan designating your Healthcare Agent

For questions or more information contact **Tamara Steffen**, Advance Care Planning Program Coordinator **509.662.1511 ext 3751** or **tamara.steffen@confluencehealth.org** 



Planning is bringing the future into the present so you can do something about it right now.
-Alan Lakein